

International Taekwon-Do Council

Southern Open 2021



Why this competition?

- Hosted by Sovereign TKD Organisation and North Wilts Tae Kwon
- Fun and Friendly
- Welcoming to all regardless of club or Organisation.
- Chang-Hon (ITF) patterns and Semi contact Points/Continuous Sparring.
- White Belts to 9th Degree categories
- Pee-Wee to Veteran Categories
- Experienced Unbiased Umpire and Referee's
- Convenient Location
- Coffee van and some food will be available on site to purchase.
- Photographer will be in attendance.
- Discount for e-Card holders



When?

Saturday 4th December 2021

Set Up – 8.30am

Doors Open – 9.00am

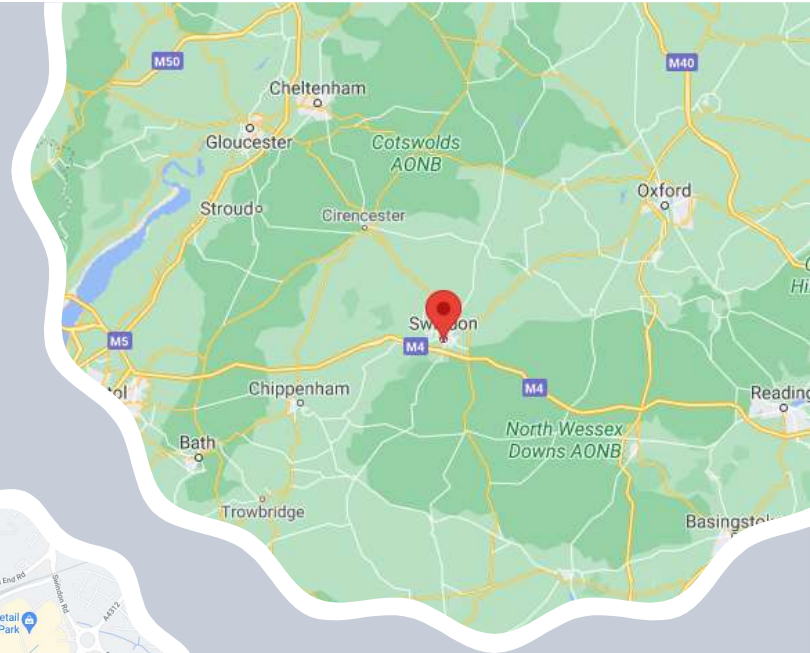
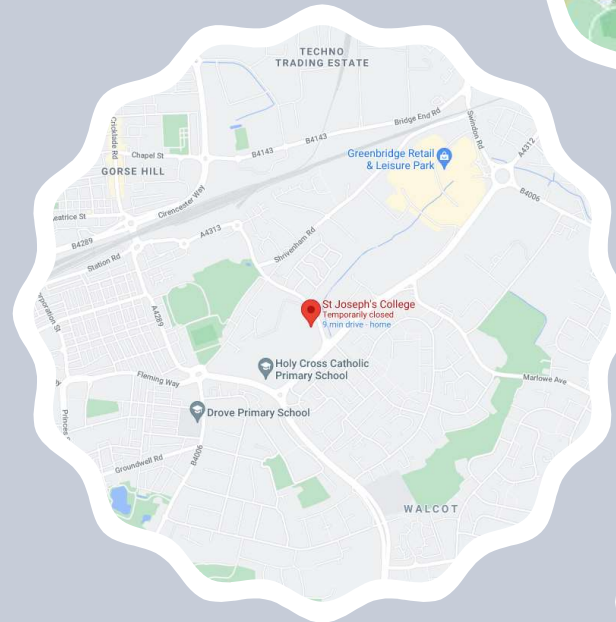
Registration 9-10am

1st Pattern 10am Prompt!



Where?

St Joseph's Catholic College
Ocotal Way
Swindon
SN3 3LR



Cost?

- e-Card £22.00
 - Non e-Card £27.00
- inclusive of patterns, sparring and destruction (if applicable)
- Spectators £5.00 (under 5's Free)
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- Visit <https://www.international-taekwondo-council.com> for information about e-Cards or call PR Officer Paul Lolley 07771 861999



Sparring - Heights and Weight Divisions (Juniors) — All Sparring with be on Mats

PEE-WEE – under 4'-0" (boys + girls mixed, 10th –5th kup and 4th kup-1st kup, (point sparring only)

4'-0" -----4'-6" Junior Lightweight

4'-6"-----5'-0" Junior Middleweight

5'-0"-----5'-6" Junior Light Heavyweight

over-----5'-6" Junior Heavyweight

INSTRUCTORS PLEASE DOUBLE CHECK JUNIOR HEIGHT AND GRADES.

ALL YELLOW / GREEN / VETERANS---POINT STOP

ALL BLUE/RED/BLACK---CONTINUOUS (except pee-wee's)

N.B these categories are a guide, in the event of low entries, categories maybe merged or split differently.

Sparring - Heights and Weight Divisions (Adults 18+) – All Sparring with be on Mats

LADIES yellow/green-----point stop
under 60 Kg-----Lightweight
over 60 Kg-----Heavyweight

MALE yellow/green-----point stop
under 75Kg Lightweight
over 75 Kg Heavyweight

LADIES blue/red/black ----continuous
Under 56kg lightweight
56kg-----69kg middleweight
Over 69kg heavyweight

MALE blue/red/black--continuous
Under 70kg lightweight
70kg-----82kg middleweight
Over 82kg heavyweight

ALL YELLOW / GREEN / VETERANS---POINT STOP
ALL BLUE/RED/BLACK---CONTINUOUS

Sparring - Notes

- INSTRUCTORS PLEASE DOUBLE CHECK JUNIOR HEIGHT AND GRADES.
- ALL COMPETITORS MUST HOLD A VALID LICENCE.
- PLEASE ENSURE CORRECT SAFETY QUIPMENT IS WORN WHEN COMPETING

(safety hands (closed finger semi-contact gloves only, no weighted “boxing” style gloves allowed), safety feet, shin pads, groin guards and head guard. Gum shields are Compulsory)

- EXCEPT FOR THE PEE-WEE DIVISION, EVERY ATTEMPT WILL BE MADE TO KEEP TO CORRECT WEIGHT AND GRADES, HOWEVER SOME CATAGORYS MAY BE MIXED DEPENDING ON NUMBER OF ENTRIES AT THE DISCRETION OF THE CHIEF UMPIRE WHOSE DECISION WILL BE FINAL.
- FULL RULES CAN BE DOWNLOADED - <https://www.international-taekwondo-council.com/events> (then click on the ITC Southern Open)
- ENTRY FORMS CAN DOWNLOADED - <https://www.international-taekwondo-council.com/events> (then click on the ITC Southern Open)

Patterns

WHITE BELTS
SAJO JIRIGI, CHON-JI

YELLOW BELTS
CHON-JI, DAN-GUN OR DO-SAN

GREEN BELTS
DO-SAN, WON-HYO OR YUL-GOK

BLUE BELTS
YUL-GOK, JOONG-GUN OR TOI-GYE

RED BELTS
TOI-GYE, HWA-RANG OR CHOONG-MOO

BLACK BELTS
CHOONG-MOO UPWARDS (any black belt patterns)

N.B any category with less than 4 entries, will be merged. (e.g Blue with Red or Male with Female)

Destruction

Blue belts and above

Seniors (18+)

White Boards

1, 2 or 3 Boards, 1 point per break

1 Measure – NO TOUCH as will count as your attempt if you do

Same side for all Techniques.

If Draw – Repeat 2 Techniques on Opposite Side

Techniques will be confirmed on the day

Male and Female categories.

Colour and Blackbelt Categories.

If a category has less than 4 competitors, we reserve right to merge.

Only Gold Medals will be awarded



Umpires/Referees/Coaches

- This event will not run without the assistance of Umpire and Referees.
- If you are qualified with the ITC or another organisation, please register and assist the running of the day.
- Umpires and Referees will be provided with free refreshments and lunch.
- Competitors who also Umpire/Referee, can complete a form to get a refund of their entry fee. This needs to be returned at the end of the day to the desk. A signature from the centre referee of a square you have helped on, will be required. Fees will be returns via bacs.
- Spectators/Coaches will be charged £5.00 on the door, this will be refunded in cash at the end of the day if they assist in Umpiring/Timekeeping etc.
- Only exception Coaches/Instructors with 10+ students competing will get free spectator entry. 1 free spectator entry for every 10 student. The names of coaches getting free entry must be pre-register.



ITC Southern (4/12/2021) Individual Entry Form

To be completed in block capitals and hand to your instructor:

Please complete the details fully and accurately to help us help you, so we can start the event on time and to ensure you are entered in the correct category.



Name:	
Male/Female:	
Age at Date of Competition:	
Juniors - Height (Feet and Inches):	
Adults, 18+ Weight (Kgs):	
Current Grade:	
Patterns (Y/N):	
Sparring (Yes/No):	
Destruction - over 18's and Blue Belts + (separate disclaimer will need to be signed on the day)	
Fee Payable (£22/27):	

"I understand that there may be some risks to my health and wellbeing by competing at this tournament. I acknowledge that as part of the Health and Safety at Work Act 1974, I must always be responsible for my personal well-being. I also recognise that the instructor and the ITC or its officers will ensure, wherever practicable, that all risks are considered and minimised within the Tournament areas. I also confirm that there is currently no reason that I cannot participate in this event.

I will also notify and or withdraw from the competition if this changes and I confirm that I am currently the holder of an up-to-date licence/insurance with my school / group or association. I agree to comply with the rules and regulations of the ITC as per the constitution and competition rules. As a condition of acceptance to the event. I agree not to hold ITC or its officers, my Instructor or any other students legally responsible for any injury that I may sustain whilst participating in this event"

(This statement does not affect your statutory and legal rights.)

Entrants Signature:

If the above is under 18 Parents Name:

Sign:

Date:



ITC Southern (4/12/2021) Referee/Umpire Entry Form



Name:	
School/Organisation:	
Qualification Level: (Time Keeper/Umpire/Referee/Centre Referee)	
Current Grade:	
Phone No:	
Email Address:	

How to pay?

- Print Page 10 (above) complete and return to your instructor or to itcsoutherntkd@gmail.com
- A PayPal link for payment will be sent to the email address the form/s is received from.
- Pay via card on this link.
- Once payment is confirmed from Paypal, you will receive an entry confirmation email.
- Refunds will only be given on providing a doctors certificate.
- If you are unable to attend (and unable to get a doctor certificate) your entry may be rolled over to the ITC Southern 2022 at our discretion.



Accommodation Options... (if you wish to stay over)

- Holiday Inn Swindon, an IHG Hotel
Marlborough Rd, Swindon SN3 6AQ
Free Parking
Approx. £55 a night
2.5 miles – 8 minutes from venue
- Premier Inn Swindon Central hotel
Kembrey Business Park, 1 Larch Close, Swindon SN2 8YS
Free Parking
Approx. £29 a night
2 miles – 6 mins from Venue
- Swindon Marriott Hotel
Pipers Way, Swindon SN3 1SH
Free Parking
Approx. £87 a night
3 miles from venue – 8 mins





Transport Links

Road links – Majors Junctions and distance/time from venue.

- M4 J15 – 4 miles – 10 minutes
- M4 J16 – 5 miles – 14 minutes
- A419 Commonhead Junction – 3 miles – 8 minutes
- A419 Whitehead Roundabout/A420 – 2 miles – 6 minutes

Alternatives

- Railway - Swindon railway station - SN1 2DH – 1.5 miles/6 minutes from venue
 - London Paddington – 57 Minutes
 - Bristol Temple Meads – 30 minutes
 - Gloucester – 53 minutes
- Taxis
 - V Cars – 01793 701701
 - Cross Street – 01793 232323
 - SN1 – 01793 523523





The Essentials..

Coffee Van - There will be a van at the venue serving tea/coffee and some cold food and snacks.

Tescos - Ocotal Way, Swindon SN1 2EH – ½ Mile – 3 minutes from venue

McDonald's - Great Western Way, Cockleberry, Swindon SN2 1US – 1.3 miles – 5 minutes from venue

KFC - Greenbridge Retail & Leisure Park, Swindon SN3 3SQ – 1 miles – 4 minutes from venue



Any Questions...

Email itcsoutherntkd@gmail.com

Call 07825 433487

Facebook <https://www.facebook.com/LeanneLolley/>



Last bits...

9am

Arrive at the venue in plenty of time...

Prepare

Make sure you remember all your kit

Smile

Have Fun and smile you might be caught on camera...

Photos

Photos will be taken of the action and posted online – prices start from just £5.00 for a Jpeg. Details will follow after the event.

Feedback

Send us you feedback...we love to know what you think.