



Merchandise Catalogue

Version 6

Updated June 2026

uniforms & Clothing

Taekwondo uniforms

Training bottoms

T-shirts

Zip hoodies

GTI Coloured Belt Uniform—£39

Official GTI dobok for white & coloured belt students, required for GTI gradings and tournaments. Includes top, trousers and white belt.

Available in sizes 00—7.



SIZE	TO FIT HEIGHT
00	120cm (3'11")
0	130cm (4'3")
1	140cm (4'7")
2	150cm (4'11")
3	160cm (5'3")
4	170cm (5'7")
5	180cm (5'11")
6	190cm (6'3")
7	200cm (6'7")

Black Belt Uniforms—£39

Official GTI Black Belt Dobok

Required for GTI gradings and tournaments. Includes top and trousers.

Note: 4th Dans and above may have a black stripe down the outside of each trouser leg.

Available in sizes 2—7.



SIZE	HEIGHT
2	150cm (4'11")
3	160cm (5'3")
4	170cm (5'7")
5	180cm (5'11")
6	190cm (6'3")
7	200cm (6'7")

'Airvion' Lightweight Uniforms

Lightweight & breathable polyester. Less than half the weight of the standard GTI uniform. Recommended for serious competitors!

Note: Coloured belt uniforms will have white trim rather than black. 4th Dans and above may have a black stripe down the outside of each trouser leg.



Coloured Belts—£55

Available in sizes 0—7.

Black Belts—£65

Available in sizes 3—7.

SIZE	TO FIT HEIGHT
0	130cm (4'3")
1	140cm (4'7")
2	150cm (4'11")
3	160cm (5'3")
4	170cm (5'7")
5	180cm (5'11")
6	190cm (6'3")
7	200cm (6'7")

North West Spirit T-Shirt



FRONT



BACK

Child sizes—£20

Size	3-4	5-6	7-8	9-11	12-13
Size:	XS	S	M	L	XL
Age:	3-4	5-6	7-8	9-11	12-13
Chest (to fit):	26	28	30	32	34

Adult Sizes—£25

Size	XS	S	M	L	XL	XXL	3XL	4XL	5XL
Size:	XS	S	M	L	XL	XXL	3XL	4XL	5XL
Chest (to fit):	35/37	37/39	39/41	41/43	43/45	45/48	48/50	51/53	54/56

North West Spirit Zip Hoody



FRONT



BACK

Child sizes—£30

Size	3-4	5-6	7-8	9-11	12-13
Size:	XS	S	M	L	XL
Age:	3-4	5-6	7-8	9-11	12-13
Chest (to fit):	26	28	30	32	34

Adult Sizes—£35

Size	S	M	L	XL	XXL	3XL	4XL	5XL
Size:	S	M	L	XL	XXL	3XL	4XL	5XL
Chest (to fit):	36	40	44	48	52	56	60	62

North West Spirit Shorts

Child sizes—£24

Adult Sizes—£32



Sizes based on waist measurements

Child sizes		
Size	Inches	CM
104	17.4	44
116	18.8	48
128	20.4	52
140	22.0	56
152	23.6	60
164	25.2	64

Adult sizes		
Size	Inches	CM
S	27.6	70
M	29.2	72
L	30.8	78
XL	32.2	82
XXL	33.8	86
3XL	35.4	90

Plain Black Trousers

Up to size 2—£15

Size 3 & up—£18



SIZE	HEIGHT
0000	100cm (3'3")
000	110cm (3'7")
00	120cm (3'11")
0	130cm (4'3")
1	140cm (4'7")
2	150cm (4'11")

SIZE	HEIGHT
3	160cm (5'3")
4	170cm (5'7")
5	180cm (5'11")
6	190cm (6'3")
7	200cm (6'7")

Sparring Equipment

You will need:

Head guard

Gloves

Foot pads

Shin guards

Gum shield

Groin guard (males only)

Optional:

Holdall / bag

Sparring Head Guards

Dipped Foam—£35



Extra small	50 cm
Small	53 cm
Medium	55 cm
Large	58 cm
Extra large	60 cm

Adidas Adizero Speed—£65



Small	50-52 cm
Medium	53-56 cm
Large	57-59 cm

Top Ten Fight—£69



Small	47-52 cm
Medium	53-57 cm
Large	58-64 cm

Top Ten Avantgarde—£69



Small	47-52 cm
Medium	53-57 cm
Large	58-64 cm

Sparring Gloves

Top Ten Kids Generation—£30



One Size
XS only

Bytomic Point Fighter—£26



Top Ten Pointfighter—£35



Available in sizes
small, medium, large
& extra large.

Match to shoe size:

XXS	1-2	M	6-7.5
XS	3-4	L	8-9.5
S	4.5-5.5	XL	10-12

Sparring Foot Pads

Top Ten Kids Generation—£30



One size only
Shoe size approx. 2.5 to 4

Bytomic Point Fighter—£26



Top Ten Fight Kicks—£39



To fit shoe size:

S	4.5-6.5	ML	8.5-10.5
M	6.5-8.5	L	10.5-11.5

To fit shoe size:

XXS	1-2	M	6-7.5
XS	3-4	L	8-9.5
S	4.5-5.5	XL	10-12

Sparring Shin Guards

Elasticated pull-on—£10



Sizes: XS (24cm), S (26cm), M (28cm),
L (30cm), XL (32cm)

Bytomic Defender—£29



Sizes: Child (27cm), S (29cm), M
(32cm), L (33cm), XL (34cm)

Groin Guards

Classic—£8



XS 24"-26" Waist
S 28"-30" Waist
M 32"-34" Waist
L 36"-38" Waist
XL 40"-42" Waist

Deluxe—£15



XS 24"-26" Waist
S 28"-30" Waist
M 32"-34" Waist
L 36"-38" Waist
XL 40"-42" Waist

Gum Shields

Bytomic Gum Shield—£4



Youth & Adult sizes. Various colours available

SafeJawz Extro—£14



Fangs



Shark



Pink fangs



Ogre



Goldie



Mo

Junior sizes: up to age 11. Senior sizes: 12 years and up

GTI Holdalls



SIZE	DIMENSIONS	PRICE
S	56 x 24 x 24 cm	£25
M	70 x 30 x 30 cm	£30
L	80 x 30 x 30 cm	£35

Training & Grading

Essentials

Focus pads

Kick paddles

Kick shields

GTI handbooks

Focus Pads & Targets

Pair of Focus Pads—£28



Adidas Kick Paddles—£26



Double sided kicking target

Sold individually

Straight Kick Shield



SIZE	DIMENSIONS	PRICE
S	45 x 30 x 10cm	£32
M	55 x 35 x 10cm	£40

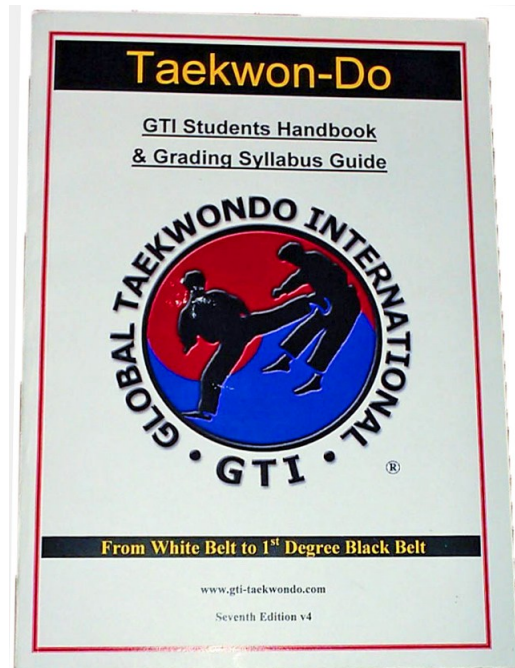
Curved Kick Shield



SIZE	DIMENSIONS	PRICE
M	60 x 36 x 12cm	£40
L	69 x 36 x 14cm	£46

Grading Essentials

GTI Handbooks—£7



Contains all the grading requirements from white to black belt. An invaluable resource for every student.